Manuel Luis Jacinto

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PROFILE

- Over 3 years of experience supporting youth in cognitive and social development, with a focus on mental health.
- Extensively trained in youth development and active listening, adept in managing issues such as depression, grief, anxiety, suicide, panic attacks, and sexual health.
- Skilled in data collection and analysis using SPSS, contributing to evidence-based practices.
- Languages: Fluent in French, English and Tagalog (written and spoken)

EDUCATION

Bachelor of Arts, Psychology Expected May 2036
Concordia University, Montreal, QC
Relevant courses: Adolescent Development, Storm and Stress in Childhood and Adolescence, Cultural Psychology, Emotion in the Social Context

VOLUNTEER EXPERIENCE

Plusone Mentor Jan 2032 - present
YMCA NDG, Montreal, QC

- Supporting 7 youth mentees aged 10-17 years old from diverse backgrounds, fostering self-esteem, social skills, and personal relationships.
- Planning and executing over 15 individualized social and academic activities and workshops, collaborating with support workers and other volunteers.
- Demonstrating empathy and patience, developing meaningful relationships and holistic development for mentees.

Active Listener Sep 2034 – May 2035
Concordia Students' Nightline, Montreal, QC

- Provided empathic support and as a safe space for over 5 students per shift, referring them to appropriate community resources.
- Assisted 6 volunteers in managing unresolved feelings and difficult calls.

ADDITIONAL TRAINING

First Aid and Cardiopulmonary Resuscitation (CPR) Valid until 2036
Red Cross, Montreal, QC

Suicide Prevention Training 2035
Suicide Prevention Centre of Montreal, Montreal, QC

Conflict Resolution and De-Escalation Skills 2034
Udemy

RESEARCH EXPERIENCE

Research Assistant Sep 2034 – Sep 2035

Cognitive and Language Development (CLD) Lab, Montreal, QC

- Facilitated testing sessions, communicating effectively with parents and children.
- Collected and administered surveys for a graduate dissertation, ensuring data accuracy.
- Analyzed data of 25+ participants aged 10-36 months using SPSS, contributing to research on social learning behaviors and mechanisms in infancy.
- Assisted with literature review, enhancing the lab's understanding of social learning.

EXTRACURRICULAR ACTIVITIES

VP of Marketing Jan 2033 - present

Filipino Organization of Concordia University Students (FOCUS), Montreal, QC

- Implemented targeted social media strategies on Instagram and Facebook, resulting in a 20% boost in student event attendance.
- Secured partnerships with external organizations to sponsor events, generating an additional $8,000 in funding.

Folklore Dancer 2030 - 2034

PAMANA ng LuzViMinda Dance Company, Montreal, QC

OTHER WORK EXPERIENCE

Call Center Agent Jan 2032 - present

IO Solutions, Montreal, QC

- Answered 50+ incoming calls per shift and provided answers to client inquiries regarding credit terms, product details, pricing, and availability, maintaining a customer satisfaction rating of 95%.
- Successfully met or exceeded sales goals by 15% on a quarterly basis.

AWARDS AND SCHOLARSHIP

Dean's List fall 2034 and winter 2035

Concordia University, Montreal, QC

University Scholar 2035

Philippine Benevolent and Scholarship Society of Quebec

Entrance Scholarship 2034

Concordia University, Montreal, QC

INTERESTS AND HOBBIES

Building Star Wars diorama, improvisation, ballet dancing